5   52

	SUN	MON	TUE	WED	THU	FRI	SAT
WEEK 1	5	5	5	5	5	5	5
WEEK 2	10	10	10	10	10	10	10
WEEK 3	15	15	15	15	15	15	15
WEEK 4	20	20	20	20	20	20	20

46 →   52   34
46 →   36
52   38
40
24   26   28   30
20   20   20   20   20   18
44   44

FIG. 1.

60   62

	SUN	MON	TUE	WED	THU	FRI	SAT
WEEK 1	5	5	5	5	5	5	5
WEEK 2	5	5	5	5	5	5	5
WEEK 3	10	10	10	10	10	10	10
WEEK 4	10	10	10	10	10	10	10
WEEK 5	15	15	15	15	15	15	15
WEEK 6	15	15	15	15	15	15	15
WEEK 7	20	20	20	20	20	20	20
WEEK 8	20	20	20	20	20	20	20

82   82   72
82   74   82
82   82   76
82   66   68
82   78   68
66

FIG. 2.

100

	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6	WEEK 7	WEEK 8
SUN	5	5	10	10	15	15	20	20
MON	5	5	10	10	15	15	20	20
TUE	5	5	10	10	15	15	20	20
WED	5	5	10	10	15	15	20	20
THU	5	5	10	10	15	15	20	20
FRI	5	5	10	10	15	15	20	20
SAT	5	5	10	10	15	15	20	20

FIG. 3.